

Rebekah Taylor

Women's & Men's Health Physiotherapist

Rebekah qualified as a physiotherapist in 2008 from Keele University in the UK and went on to complete her post-graduate certificate in 'Physiotherapy in Women's Health' as part of her Masters degree.

Rebekah has a special interest in the management of gynecological, ante-natal and post-natal conditions, as well as pelvic floor problems. She is passionate about post-natal care and has brought the Mummy MOT service to Australia, which is a one stop clinic for post-natal assessment and treatment.

Rebekah also treats Men's Health conditions such as incontinence following prostate surgery, pelvic pain and erectile dysfunction and she is qualified in Posterior Tibial Nerve Stimulation (PTNS) used to treat overactive bladder symptoms and faecal incontinence.

Rebekah can assist with any incontinence issues, prolapse management, pelvic pain/lower back pain, separation of abdominal muscles, painful intercourse and bladder and bowel retraining.

Contact us

Complete Physiotherapy Palmyra

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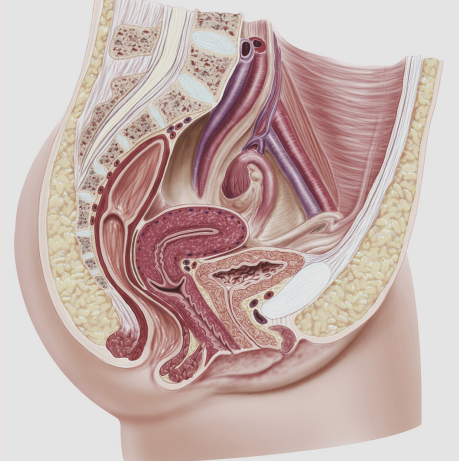
**COMPLETE
PHYSIOTHERAPY
PALMYRA**

Post Natal Clinic

**With Women's & Men's
Health Physiotherapist
Rebekah Taylor**



Pelvic floor assessment



Assessment of pelvic floor muscle strength and endurance, pelvic pain, prolapse, perineal discomfort, concerns with continence

Scar management



Management of c-section and perineal scarring and discomfort

New mother health & well-being



Education, advice and support prior to your return to exercise or impact

Abdominal muscle screening



Assessment of diastasis recti abdominis muscle (DRAM)

Breast Feeding



Treatment for mastitis, engorgement and breast pain and tenderness

